## THE UNIVERSITY SPORTS WEEK SCHEDULE.

Date	Sport	Activity	Time	Venue	Responsible person
Day 1	Swimming	Training on Rules	15:30-		CoET, CoNAS, SoED,
25/01/2021	Clinic	and basic skills in	18:00	Swimming pool	IDS& AUXILLIARY
		swimming			POLICE.
					(Group sessions)
	Gymnastic	Physical Fitness	15:30-		UDBS, CoSS, UDSoL,
	Clinic	Exercises (	18:00	GYM	CoHU.
		Weight Lifting			(Group session)
		and Aerobic			
		Dance)			
		Training on Rules	15:30-		Students & Staff
	Basketball	and basic skills in	18:00	Basketball Court	(Group session)
	Clinic	Basketball			
		Training on Rules	15:30-		Students & Staff
	Netball	and basic skills in	18:00	Netball Court	(Group session)
	Clinic	Netball			
	Football	Training on Rules	15:30-		Students & Staff
	Clinic	and basic skills in	18:00	Football pitch	(Group session)
		Soccer			
		Training on Rules	15:30-	Volleyball court	Students & Staff
	Volleyball	and basic skills in	18:00		
	Clinic	Volleyball			
			15:30-		Students & Staff
	Tradition		18:00		
	Games				

Date	Sport	Activity	Time	Venue	Responsible person
Day 2 26/01/2021	Swimming Clinic	Training on Rules and basic skills in swimming	15:30- 18:00	Swimming pool	CoICT, SJMC, IKS, CoAF, & LIBRARY. (Group session)
	Gymnastic Clinic	Physical Fitness Exercises ( Weight Lifting and Aerobic Dance)	15:30- 18:00	GYM	COET, CoNAS, SoED, IDS, & IRA. AUXILLIARY POLICE. ( Group session)
	Basketball Clinic	Training on Rules and basic skills in Basketball	15:30- 18:00	Basketball Court	Students & Staff
	Netball Clinic	Training on Rules and basic skills in Netball	15:30- 18:00	Netball Court	Students & Staff
	Football Clinic	Training on Rules and basic skills in Soccer	15:30- 18:00	Football pitch	Students & Staff

Volleyball Clinic	Training on Rules and basic skills in Volleyball	15:30- 18:00	Volleyball court	Students & Staff
Tradition Games		15:30- 18:00		Students & Staff

Date	Sport	Activity	Time	Venue	Responsible person
Day 3 27/01/2021	Swimming	Training on Rules and basic skills in swimming	15:30- 18:00	Swimming pool	UDBS, CoSS, UDSoL, CoHU& IRA. (Group session)
	Gymnastic	Physical Fitness Exercises ( Weight Lifting and Aerobic Dance)	15:30- 18:00	GYM	CoICT, SJMC, IKS, CoAF, & LIBRARY, & IRA. AUXILLIARY POLICE. (Group session)
	Basketball		15:30- 18:00	Basketball Court	Students & Staff
	Netball	University Teams Students & Staff Competition	15:30- 18:00	Netball Court	Students & Staff
	Football		15:30- 18:00	Football pitch	Students & Staff
	Volleyball		15:30- 18:00	Volleyball court	Students & Staff
	Tradition Games		15:30- 18:00		Students & Staff

Date	Sport	Activity	Time	Venue	Responsible person
Day 4	Swimming	Training on Rules	15:30-		CoET, CoNAS, SoED,
28/01/2021	Clinic	and basic skills in swimming	18:00	Swimming pool	IDS & IKS (Group sessions)
		Swimming			sessions)

Gymnastic Clinic	Physical Fitness Exercises (	15:30- 18:00	GYM	UDBS, CoSS, UDSoL, CoHU.
	Weight Lifting			(Group session)
	and Aerobic Dance)			
5 1 1 11	Training on Rules	15:30-	5	Students & Staff
Basketball Clinic	and basic skills in Basketball	18:00	Basketball Court	(Group session)
	Training on Rules	15:30-		Students & Staff
Netball Clinic	and basic skills in Netball	18:00	Netball Court	(Group session)
Football	Training on Rules	15:30-		Students vs Staff
Clinic	and basic skills in Soccer	18:00	Football pitch	(Group session)
	Training on Rules	15:30-	Volleyball court	Students & Staff
Volleyball	and basic skills in Volleyball	18:00		(Group session)
Tradition				Students vs Staff
Games				(Group session)

Date	Sport	Activity	Times	Venue	Responsible
Day 5 29/01/2021	<ul> <li>Basketball</li> <li>Volleyball</li> <li>Netball</li> <li>Football</li> <li>Swimming</li> <li>Aerobic Dance</li> <li>Sack race</li> <li>Athletics</li> </ul>	BONANZA	15:00 – 18:00	Mwl.Nyerere campus play Grounds	Mwl. Nyerere campus, DUCE MUCE

NB: Physical Fitness examination will be carried on from 25-29/01/2021 at physical education Department block, Gymnastic and swimming will be for free.